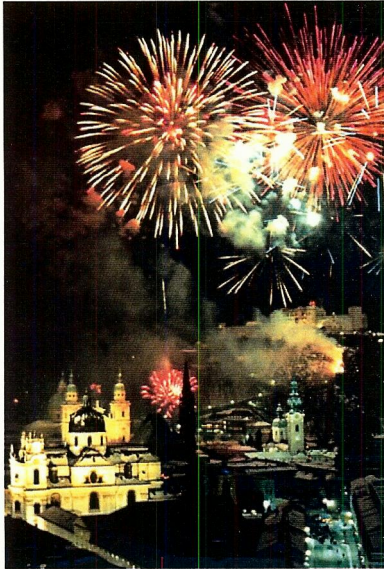




The Awakening

December 29, 2005

A publication of the Sunset Group of Alcoholics Anonymous



Do New Year's "Resolutions" Work?

Many alcoholics at some time in their past have made honest "resolutions" to stop drinking, only to learn the hard reality that will power alone is not enough. The program of Alcoholics Anonymous begins with the first step: "We admitted that we were powerless over alcohol – that our lives had become unmanageable." This is the only step that mentions alcohol, but once taken, this step leads to a path of spiritual awakening and a power greater than any of us can ever "resolve" by our will alone.

Your Great Journey Begins With a Single Step

Every successfully recovering alcoholic understands the power of the First Step. With surrender, the sincere admission of powerlessness, we open the door to a new power, a power outside of ourselves. If you are new to Alcoholics Anonymous or to the Sunset Group meeting tonight, you can find all around you the evidence of our program's success, as well as everything you need to make this program work for you. Talk to any of us, get The Big Book (which contains the method of our program and is essential reading), and even reach out to a "sponsor", an experienced member who can guide you through the program. We are all here to help you.

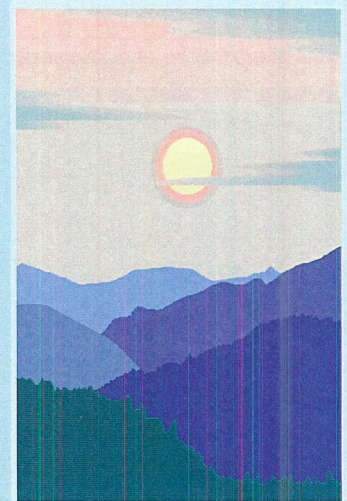
Top 5 Signs You Need A.A. for the New Year

5. When your wife scoops the stuffing out of the turkey, you finally remember where you hid that pint of Smirnoff.
4. Instead of using snow, you and the family have a highball fight.
3. All you remember about your military career is "serving Captain Morgan".
2. No egg, all nog.
1. You and your best friend finally get drunk enough to orally experiment with fruitcake.



"So how is the 'controlled drinking' working?"

James, New Zealand, © The Grapevine, Dec. 2005



The Sunset Group

Thursdays at 7:00 pm
Jewish Community Center
13164 Burbank Boulevard
Sherman Oaks, California

January 5

Cia F. of West Los Angeles

January 12

Matt. G. of Fresno

January 19

Bob L. of Glendale

January 26

Suzanne B. of Studio City

February 2

Charles K. of Culver City

February 9

Rick W. of Oxnard

February 16

Kay S. of Sherman Oaks

February 23

Joel W. of Long Beach

March 2

Mark C. of Little Rock